SUMMER 2023
SUMMER OF EMPOWERMENT AT TEEN SERVICES

This program is in special partnership with the Sonoma Valley Education Foundation, Hanna institute, and On the Margins
Empower your future with Teen Services. Where opportunities meet success!

Welcome to the Summer of Empowerment at Teen Services!

This summer’s program offerings are a special collaboration with Sonoma Valley Education Foundation & Hanna Institute to bring forth a multi-faceted summer program designed to provide expanded social-emotional and learning opportunities for Sonoma Valley teens.

Our goal this summer is to make sure all teens in Sonoma Valley have the opportunity to learn, discover, and succeed through our various program offerings. Student participation will be further incentivized by a small stipend for each program, as well as a completion bonus for students who participate in all available offerings.

Expanded Learning Opportunities for Teens

- **Character & Leadership**
  Programs designed to build the skillset needed to be an effective community leader.

- **Mental & Emotional Health**
  Programs designed to help individuals develop the tools and strategies necessary to maintaining mental and emotional well-being.

- **Work Readiness Skills**
  Programs designed to equip individuals with the necessary skills and knowledge to succeed in the workforce.
OUR PROGRAMS

Ready to Work
Prepares teens for the working world and for life, covering topics ranging from how to find a job, interview techniques, appropriate job behavior. Includes highly interactive and engaging workshops that spark and motivate young people and one-on-one coaching for success.

Lovin' Oven Culinary Academy
The Lovin' Oven Culinary Academy is a unique program that promotes healthy habits through a 20-hour course for teens that includes ServSafe food handler classes, knife skills, cooking techniques, and real-world experience.

Keystone: Leadership & Community Advocacy
Keystone is a dynamic teen leadership and advocacy group with a purpose of civic education, leadership, and self-identity. By teaching teens to play a larger part in their community, they will learn to use their voice and advocate for what they believe in.

Learn & Earn at Operation Bicycle
Dive into bike mechanics by building your own bike. Operation Bicycle’s Learn & Earn Program is designed to give teens the opportunity learn basic bike mechanic skills, bike maintenance, and teens leave the program with a bike of their own!

To register contact Operation Bicycle Manager, Adrian Palenchar.

To register click the link in each description or visit www.teenservices.org/summer/

- Register Now
- 6/26 to 6/30
- 7/24 to 7/28
- Wed/Fri in July

email: apalenchar@bgcsonoma.org    phone: 707-343-7223
The Boys II Men program is a targeted effort to instill in teen members the understanding, skills and strategies they need to make a successful transition to adulthood. The goal of the program is for each teen to become aware of his unique gifts, seek ways to contribute to his family, school, and learn how to become a valuable member of the community.

Authentically Me is a program designed to help empower young women to become resilient within themselves by encouraging them to be unapologetically and authentically their true selves. Through workshops and field trips in our community. The goal is for each participant to be closer to being their authentic selves.

Tour 4-year universities, 2-year colleges, and potential career opportunities with Teen Services. What better way to learn about Post-Secondary Opportunities than to tour in person. Limit 14 students per tour, sign ups made available 1-week prior to the trip.

Teen Services staff facilitate an online Drivers Ed course which helps teens along their process of obtaining a learners permit. The course is supplemented with an outline of how to ultimately get their drivers license.
Summer FAQ's

Who we are serving?
Teen Services programs are open to teens in Sonoma Valley grades 9th through 12th. During the summer, incoming 9th graders are welcome to participate in programs. Registration is **FREE** for all teens.

What are program hours?
Teen Services hours of operations change seasonally. During Summer Programs we will open to teens at 12pm, and close at 7pm. Program times may vary based on program location and start time. Teen Services staff will communicate any changes to teens as they arise. **Teen Services is located at 17440 Sonoma Highway** next to Flowery Elementary School's parking lot.

How to register for programs?
Registration for membership at Teen Services is free of cost. You can register in person at Teen Services or online at [www.teenservices.org/](http://www.teenservices.org/)

Registration to specific programs can be done online at [www.teenservices.org/summer/](http://www.teenservices.org/summer/)

Who is point of contact at Teen Services?
Registration and Membership questions may be directed to **VP of Teen Services, Eric Gonzalez**. email: egonzalez@bgcsonoma.org

Questions about Programs and/or Field Trips contact **Teen Program Director, Alixya Soto** email: asoto@bgcsonoma.org

If you need to reach Teen Services staff for any reason call or text our Club Cell: 707-775-1284

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**Call or Text**
707-775-1284

**Address:** 17440 Sonoma Highway, Sonoma CA
**Phone:** 707-775-1284
**Email:** egonzalez@bgcsonoma.org